

Completion and submission of this waiver is required in advance of participating in all activities on the water and on land at Oak Ridge Rowing Association's facility, to include scheduled, supervised club activities and registered regattas during the **term of the athletes' participation with ORRA/Atomic Rowing.**

- I) I, for myself, my personal representatives, assigns, heirs, and next of kin ACKNOWLEDGE, agree, and represent that I understand the nature of Rowing and Watersports Training Activities, both on the water and land-based, and that I am qualified, in good health, and in proper physical condition to participate in said Activities
- II) I fully understand that
- a) Rowing and Watersports Training Activities involve Risks and Dangers of serious bodily injury including permanent disability,
 - paralysis, and death
 - b) These risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasee named below
 - c) There may be other risks and social & economic losses either not known to me or not readily foreseeable at this time, therefore I fully ACCEPT and ASSUME all such RISKS and RESPONSIBILITY for LOSSES, COSTS, & DAMAGES I incur as a result of my participation in the Activity
- III) I AGREE and WARRANT that
 - a) I will examine and inspect each Oak Ridge Rowing Association Activity in which I participate
 - b) in the event that I observe any condition which I deem unacceptably hazardous or dangerous, I will notify the proper authority in charge of said Activity and will refuse to take part until the conditions are corrected to my satisfaction
- IV) I HEREBY RELEASE, discharge, and covenant not to sue, Oak Ridge Rowing Association, the Club, the Regatta, their Administrators, Directors, Agents, Officers, Volunteers and Employees, other participating Regatta or Watersports Activity Organizers, any Sponsors, Advertisers, and if
 - applicable, Owners & Lessors of Premises on which the Activity takes place (each referred to as one of the Releasees herein) from all liability, claims, demands, losses, or damages on my account caused in whole or in part by the negligence of the Releasee or otherwise, to include Negligent Rescue Operations; I further AGREE that if, despite this RELEASE & WAIVER of LIABILITY, ASSUMPTION of RISK and INDEMNITY AGREEMENT, I or anyone on my behalf should make a claim against any of the Releasees, I will INDEMNIFY, SAVE and HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, damage, or cost which may be incurred as a result of such claim, to the fullest extent permitted by law
- V) I AGREE to be familiar with, comply with, and be bound by

a) the Rules of the ORRA/Atomic Athlete Handbook, Codes of Conduct, and Rules of Civility b) the Rules, Codes, Policies, and Procedures of the US Center for SafeSport (reference the

"SafeSport Rules," @ www.SafeSport.org)

I HAVE READ THIS RELEASE OF LIABILITY IN ITS ENTIRETY, UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY HEREBY SIGNING & AFFIXING MY NAME, AND HAVE DONE SO FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME, AND INTEND MY SIGNATURE TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT PERMITTED BY LAW

| Printed Name of Participant: Date: | |
|--|---|
| Date of Birth: | |
| Address: | |
| City: | |
| State: | |
| Zip Code: | |
| Phone Contact #: | |
| Participant's Signature: | Start Date: |
| Organization: | |
| PARENTAL CONSENT | |
| (if participant is under the age | of 18) |
| AND I. the minor's parent and | or legal guardian, understand the nature of Rowing and |
| | minor's experience and capabilities and believe the minor |
| to be qualified to participate in | · |
| · · · · · · | • |
| _ | , covenant not to sue, and AGREE TO INDEMNIFY, |
| SAVE AND HOLD HARMLES | S each of the Releasees from all liability, claims, |
| demands, losses, or damages | on the minor's account caused or alleged to be caused |
| in whole or in part, by the neg | ligence of the Releasees or otherwise, including negligent |
| rescue operations | g |
| • | this release, I, the minor, or anyone on the minor's behalf |
| • | • |
| c , | the above Releasees, I WILL INDEMNIFY, SAVE AND |
| HOLD HARMLESS EACH Re | leasee from any litigation expenses, attorney fees, loss, |
| liability, damage, or cost each | may incur as the result of any such claim, to the fullest |
| extent permitted by law | |
| Printed Name of Parent/Guardian | |
| City: | |
| State: | |
| Zip Code: | |
| Phone Contact #: | |
| Parent/Guardian Signature: | Start Date: |
| (only if participant is under the age of | of 18) |